

# Ground rules for our family meeting

## We will:

- Keep focused on the children and what they need us to do in the future to help them be safe and happy
- Turn off all phones [except an emergency phone]
- Take turns to speak and be helped to do this by the person leading the meeting
- Respect each other's views, even if we don't agree with them
- Take a break if someone gets upset



## We won't:

- Shout at each other
- Use swear words or insult anyone
- Keep talking about old history or upsets



These are some ideas for ground rules, you can decide what rules are important for your family meeting and changes these as fits for your family network.